



FIFTH EDITION / 01-05-2024

NEWSLETTER

III QUARTER FEB-APRIL 2024

OUR CARE OF THE CHILD SHOULD BE GOVERNED, NOT BY THE DESIRE TO MAKE HIM LEARN THINGS, BUT BY THE ENDEAVOR ALWAYS TO KEEP BURNING WITHIN HIM THAT LIGHT WHICH IS CALLED INTELLIGENCE.

Dr. Maria Montessori

KHADIJA BABER RESIDENT DIRECTOR



As we reflect on the past quarter at KBPG, we are proud of our Montessori-inspired environment.

We've nurtured independence, a love for learning, and celebrated each child's talents. Prioritizing well-being, we promoted outdoor activities and encouraged healthy habits.

A special highlight was the wholehearted celebration of the holy month of Ramadan. The children engaged in listening to Islamic stories, learning about Ramadan and fasting, and participating in art and craft activities along with hadiths in assembly presentations. These experiences were enriched with short Q&A sessions to deepen their understanding of this significant time.

Our team's efforts have maintained an environment that encourages curiosity, creativity, and the development of essential life skills. As we approach the end of our academic year, we thank you for your trust and partnership in your child's educational journey.

Coordinator's Overview:

MS. TAHSEEN AFTAB

Reflecting on the past quarter at KBPG, I'm thrilled by the strides we've made in our Montessori-inspired program. Embracing the individuality of each child, we've woven essential life skills into our curriculum seamlessly. Our recent Ramadan festivities



were a vibrant testament to our commitment to cultural enrichment, featuring engaging activities and enlightening sessions. I'm deeply appreciative of our passionate team and the unwavering support of our community, propelling us forward in our mission to nurture young minds.

Teacher's Overview:

MS. SABA AFREEN



Over the past three months, we've dedicated ourselves to enhancing children's language skills and overall development in preparation for their transition to our GHM program. As we are near the end of the academic year, we're proud to have seamlessly integrated essential

life skills into our curriculum. Our recent Ramadan festivities were joyously celebrated, enriching our cultural understanding through engaging art and craft activities and enlightening Q&A sessions and assembly presentations featuring Hadiths and Islamic Stories. With the unwavering support and trust of parents, we are on the verge of achieving our objectives to enrich the learning experiences for their children.

Events Celebrated

FEBRUARY - MARCH - APRIL



GARDEN DAY



SPORTS DAY



RAMADAN DAY



PAKISTAN DAY



EID MILAN PARTY



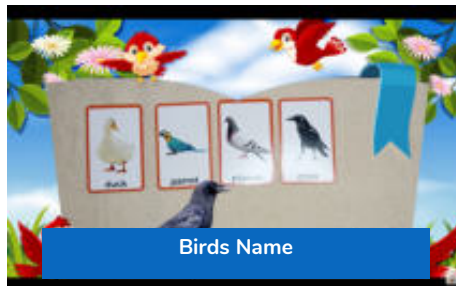
EARTH DAY

During the past quarter, our students have engaged in various celebrations including Garden Day, Ramadan Day, Sports Day, Earth Day, Pakistan Day, and Eid Milan Party. Through these events, our little learners have gained valuable lessons in appreciation for nature, cultural diversity, physical fitness, teamwork, environmental stewardship, patriotism, and the importance of community bonding. Each celebration has provided unique opportunities for holistic development, fostering a sense of belonging, empathy, and a deeper understanding of the world around them.

Recent Addition To Our YouTube Channel



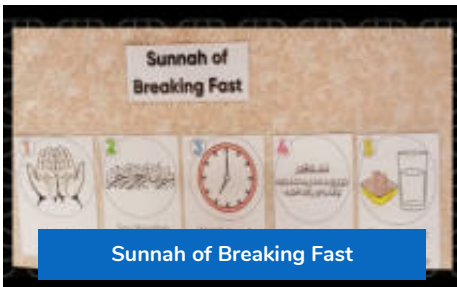
Season Names in Urdu



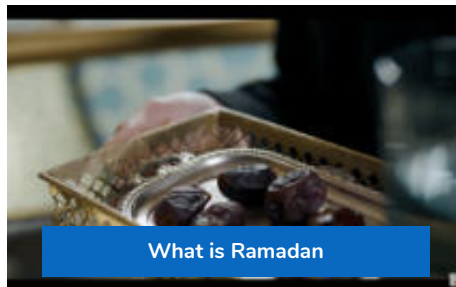
Birds Name



Minar-e-Pakistan



Sunnah of Breaking Fast



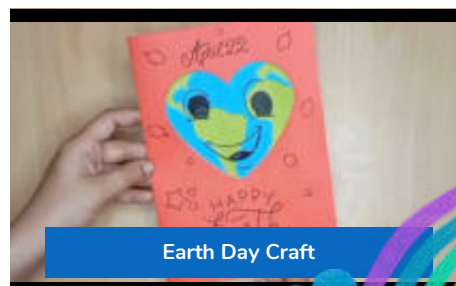
What is Ramadan



Sunnah of Drinking Water



Eid-ul-Fitr Craft



Earth Day Craft

ART & CRAFT ACTIVITIES

Our little learners had a busy quarter filled with diverse activities. They crafted special envelopes for receiving Eid gifts and delved into Pakistan's traditions on Pakistan Day.

During Ramadan, they rolled up their sleeves to make tasty coconut dates balls and crafted pretty lantern with collage work and pasting colourful papers.

Exploring the spring theme, they engaged in fun activities like sticking paper flowers and creating spoon butterflies.

Alongside these, they also tried their hands at sports-related crafts and learned about cleanliness by washing pots.

These experiences taught them about culture, teamwork, creativity, and responsibility, making their learning journey both enjoyable and enriching.

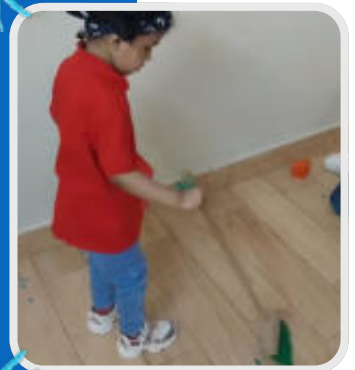


Hands-on Montessori Learning

We're excited to share with you the wonderful experiences our children have been having through a variety of engaging Montessori activities! From shape puzzles to tonging, matching sounds to exploring textures, and even practical life tasks like sweeping and dusting, our little learners are immersed in a world of discovery and growth. Not only are they enhancing their cognitive skills, such as problem-solving and numerical understanding, but they're also developing crucial fine and gross motor skills, sensory awareness, and independence.

These activities provide a holistic learning experience, nurturing curiosity, creativity, and self-confidence in our children, while laying a strong foundation for lifelong learning and development. We're thrilled to witness their progress and can't wait to see where their journey takes them next!

The highlight was the exploration of sensorial materials at their own pace, allowing the children to develop a deeper understanding of their senses through activities.



From The Smart Parenting Corner

SMART-PARENTING

Promoting: **Health & Hygiene**

PARENTS Your Support Matters!

No Oiling During School Hours

Keep your child's hair oil-free for a fresh day of learning!

Trimmed & Tidy Hair

Regular haircuts contribute to a neat and hygienic appearance.

Healthy Smiles Shines

Encourage brushing for 2 minutes twice a day after waking up & before going to bed for good oral hygiene.

Neat Uniforms Always

Ensure your child wears a clean & well-maintained school uniform.

Well-Groomed Nails

Trim your child's nails regularly for cleanliness and safety.

Clean & Sanitize School Items

Regularly clean your child's bag, lunch box, and water bottle to prevent germs & insects.

Your Cooperation Matters!
Together, let's create a healthy and vibrant school environment.

SMART-PARENTING

Respectful Parenting Honoring Children's Voices & Choices

Build Trust and Connection in Family Relationships

Listen, Acknowledge, Empower

Letting children know their voices matter

Foster Independence

Supporting children in making age-appropriate choices

Encouraging Exploration

Providing opportunities for self-discovery and growth

Creating a Safe Space

Valuing children's emotions and perspectives

Nurturing Confidence

Empowering children to express themselves authentically

SMART-PARENTING

STRESS MANAGEMENT FOR PARENTS

SELF-CARE AND WELL-BEING

PRIORITIZE SELF-CARE

"Self-care is essential for parents managing multiple responsibilities, providing the energy and resilience needed for effective parenting and daily life."

BENEFITS OF SELF-CARE

- Improved Mental Health
- Increased Energy Levels
- Better Relationships
- Enhanced Overall Well-Being

Prioritizing self-care as a parent can positively impact children in several ways:

- ROLE MODELING HEALTHY BEHAVIOR**
Parents practicing self-care teach children the importance of looking after themselves, setting a positive example for prioritizing well-being.
- EMOTIONAL REGULATION**
Self-care equips parents to regulate emotions, leading to calm and effective responses to children's needs, fostering a stable home environment.
- IMPROVED PARENT-CHILD RELATIONSHIPS**
Self-care reduces parental stress, resulting in more positive interactions and stronger bonds with children.
- TEACHING HEALTHY BOUNDARIES**
Self-care teaches children about boundaries, showing them that personal time and activities are important for everyone's well-being.
- REDUCED PARENTAL BURNOUT**
Prioritizing self-care helps parents avoid burnout, enabling them to be more engaged and present with their children for a healthier family dynamic.

Overall, incorporating self-care into parenting not only benefits parents but also creates a more positive and nurturing environment for children to thrive in.

Anticipated May Events

- Mother's Day
- Parent Teacher Meeting
- Fun Week

Education is a natural process carried out by the child and is not acquired by listening to words but by experiences in the environment

Dr. Maria Montessori

www.kbplaygroup.edu.pk

FIND US ON

kbplaygroup@gmail.com

